

How Gay Are You?



To see where you fall on the Sexual Orientation Continuum, take this simple quiz. It is designed to produce a statistically correct distribution along the lines of the continuum shown in the illustration on the opposite page.

How strongly are you attracted to members of the opposite sex?

- 0 = VERY STRONGLY
- 1 = MODERATELY
- 2 = NOT AT ALL

Have you ever felt sexually attracted to a member of the same sex?

- 0 = NO
- 1 = YES

Have you ever had a dream about a sexual encounter with a member of the same sex?

- 0 = NO
- 1 = YES

Have you ever had a waking fantasy about a sexual encounter with a member of the same sex?

- 0 = NO
- 1 = YES

Have you ever voluntarily had sexual contact (such as kissing or petting) with a member of the same sex?

- 0 = NO
- 1 = YES

How frequent are your same-sex fantasies or dreams?

- 0 = NEVER HAD THEM
- 1 = RARE OR OCCASIONAL
- 2 = FREQUENT

Have you ever felt sexually aroused when you've had any exposure to two people of your same sex having a sexual encounter (through gossip, a video or some other means)?

- 0 = NO
- 1 = YES

Would you be willing to have sexual relations with someone of the same sex?

- 0 = NO
- 1 = MAYBE
- 2 = YES

How frequent are your same-sex encounters?

- 0 = NEVER HAD THEM
- 1 = RARE OR OCCASIONAL
- 2 = FREQUENT

Now add up the numbers and see where you stand:

- 0-1: Exclusively heterosexual
- 2-3: Predominantly heterosexual
- 4-5: Predominantly heterosexual, with homosexual tendencies
- 6-7: Equally heterosexual and homosexual
- 8-9: Predominantly homosexual, with heterosexual tendencies
- 10-11: Predominantly homosexual
- 12-13: Exclusively homosexual

Kinsey's original scale was 0-6.

Rating	Description
0	Exclusively heterosexual
1	Predominantly heterosexual, only incidentally homosexual
2	Predominantly heterosexual, but more than incidentally homosexual
3	Equally heterosexual and homosexual
4	Predominantly homosexual, but more than incidentally heterosexual
5	Predominantly homosexual, only incidentally heterosexual
6	Exclusively homosexual
X	No socio-sexual contacts or reactions

These are some of the dimensions that one can vary as you go from exclusively homo to exclusively hetero

1. Who do you find attractive?
 - The other sex, but I recognize when someone of the same sex is attractive.
 - I'm mostly attracted to people who are the same sex as me
 - Only people of the same/other sex as me.
2. Who have you had sex with? (Behavior)
 - I've been with men and women but I prefer
 - I've only been with members of the same/other sex.
3. Who have you had fantasies about?
 - Sometimes someone of the same sex sneaks in there
4. How would you identify yourself to others?
 - In most cases, I'd say I was straight/gay.
 - I would say that I'm straight/gay.