

## Syllabus

### Introduction to Psychology – Spring 2020 – Glendale Community College

Course: PSY 101:Introduction to Psychology      Class #: For 10:00: #13215, For 11:30: #13291  
Time: Tuesday & Thursday 10:00 – 11:15 AM      Section: 0027  
          Tuesday & Thursday 11:30 – 12:15      Section: 0087  
Instructor: Dennis Kramer, Ph.D.      Course Credit: 3 hours  
Course Format: Face-to-face.      Location: LSA 143 for Both Classes

Email: Preferred = [psy101gcc@drdkramer.com](mailto:psy101gcc@drdkramer.com) or [dennis.kramer@gccaz.edu](mailto:dennis.kramer@gccaz.edu)

Office: No Office – Mail may be left at the Psy Dept Office on the east end of the 2<sup>nd</sup> floor of the LS Building at GCC Main Campus.

Phone: (Psy Dept): 623-845-3615 messages can be left for me here.

Psychology Dept. Web Address: <http://www2.gccaz.edu/departments/academics/psychology>

An excellent resource for those interested in psychology.

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Required Text

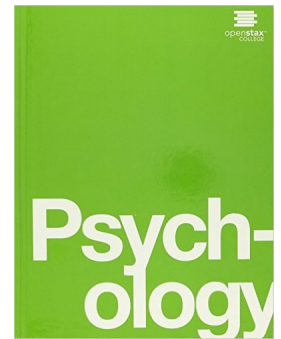
Title: *Psychology*

- **Hardcover:** 765 pages      **Publisher & Author:** OpenStax (2014)
- **ISBN-10:** 1938168356      **ISBN-13:** 978-1938168352

You can download a free electronic version of the text here:

<https://openstax.org/details/books/psychology>

At the same site above, you can also order a hard copy from amazon for \$38.50



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**Materials & Technologies:** Internet access is very helpful but not required. Maricopa Community Colleges provides all students with an email address. It is the official way to receive communication from the college and district. Look up your email account at <https://google.maricopa.edu/>.

**MCCCD Official Course Description:** “To acquaint the student with basic principles, methods, and fields of psychology such as learning, memory, emotion, perception, physiological, developmental, intelligence, social, and abnormal” (GCC General Catalog). Official course competencies (what you should be able to do from knowledge gained in the course) are presented at the end of the syllabus.

**Course Objective:** This is an introductory course and will expose you to the field of psychology. You will be surprised to learn how broad that field is. Of course psychologists seek to better understand human behavior, but each realm of psychology offers a unique focus. One objective is then to expose you to the many sub-fields of psychology. Each provides tools from which to better understand yourself and your world. The field of psychology has given us a vast amount of knowledge through the methods of empirical science. A second objective is to help you better understand how important the scientific method and critical thinking are in understanding our psychological world.

**Withdrawal and stuff:** Official withdrawal from the course is the student’s responsibility. See your student schedule in “my.maricopa.edu” for 1) the last day to withdraw without an Instructor Signature and 2) the last day a student initiated withdrawal will be accepted.

If you are receiving financial aid or any other benefits, it is your responsibility to be sure you do whatever is necessary, in terms of completing or withdrawing from the course, in order to continue to receive these benefits and/or avoid financial penalties.

Incomplete contracts/grades will be determined on a case by case basis and will only be given after a consultation with the instructor if all course work is current.

**Course Overview:** The class will meet for 15 weeks (30 class periods) and one more time for the final exam (see schedule in this syllabus for dates/times). Most of the time, we will cover 1 chapter for each week (2 class periods) with several exceptions. See the course schedule in this syllabus for more information.

When you come to class, it is expected that you have read the assigned chapter/readings for the day, processed the study guide, and are prepared to discuss the material with your classmates. Study guides will be provided to assist you in organizing and learning the material.

As mentioned prior, generally we will spend 2 class periods to cover one chapter. At the beginning of the first class period for each week, attendance will be taken (see next section), and we will have a lecture on the chapter material. For the second class period of each chapter, we will start by finishing the lecture on the material. At the conclusion of the lecture, we will form small groups and complete “group practice quizzes” which will be subsequently graded in order to determine which group wins and will receive extra credit for the immediately following “real quiz” (see quizzes section below). During the semester we will also view a number of short video presentations as well as participate in more “active-learning” experiences.

Although this course has no formal prerequisites, in order to do well, you should have college level reading and verbal skills in English, adequate study skills, and adequate time to devote to the course.

**Attendance (10%):** Attendance is mandatory and necessary for adequate performance in the class. Attendance will be taken each class period. If you are more than 15 minutes late for class or leave more than 15 minutes early, you will receive half credit for attendance on that day. I will count the days you have attended and divide by the number of class periods (there are 29, not counting the first class and the final). **This yields an attendance score (range of 0-100) that will then count 10% of your final grade.** In order to do well in the course, you must be punctual and attend each class. Remember, it is your responsibility to initiate a withdrawal from the class. Failure to do so, may result in a failing grade for the semester. **4 consecutive absences may result in being withdrawn from the class.**

**Quizzes (80%):** Beginning with the fourth class period (Thursday Jan 23) a chapter quiz will be administered. These quizzes are predominantly multiple choice and quiz questions will be drawn from the book, study guide, class discussions, lectures, and any other assigned reading. **The average of your quizzes will be worth 80% of your grade.** The lowest quiz score will be dropped from grade calculations.

If you are not present in class when the quiz is administered, you will need to take a make-up quiz. Make up quizzes will be administered by the Testing Services Office (see section below titled “Testing Services” for information on how to take a make-up test at the Testing Office).

Make up quizzes will be placed in the testing center at about 1:15 PM on the day of the quiz. These make ups will remain in the testing center for one full week from the date they were placed there. I will pick them up (completed or not) at approximately 1:15 PM when I place new make-ups there.

If you do not take the make-up quiz within that one (1) week period, you will be assigned a score of zero. Make up quizzes will consist of 20-40 multiple-choice and short answer questions. Please keep all graded written material until you receive your final grade. It is always a good idea to keep a back-up copy of all written work that is submitted for grading.

**Testing Services:** The testing services office is located in building TS3 (formally TDS). Their phone number is (623) 845-3058. Email is: [Testing.Services@gccaz.edu](mailto:Testing.Services@gccaz.edu). Their web address is: <http://www.gccaz.edu/testing> or <http://www.gccaz.edu/content/testing-services-office>  
Their hours of operation are:

Monday through Thursday 8 AM to 6 PM (you must arrive by 4 PM to take a make up).  
Friday 9 AM to 5:00 PM (you must arrive by 3 PM to take a make up).

All make-up quizzes must be completed before the closing time. You do not need to make an appointment, you only need to walk-in and present your student ID. I'm told by the testing center that starting Feb 1, 2020 they will also have Saturday Hours. Call them for more specifics.

**Final Exam (10%):** A final exam will be given and will count 10% of your final grade. For 10:00 class, final exam will be @ 10:00 on May 7 Thursday. For 11:30 class, final exam will be @ 11:30 on May 5 Tuesday. Questions will be drawn from regular course content (all the material we covered). A Study guide and practice tests will be made available in advance of this exam. **Your score on this final exam will count 10% of your final grade.** I am working on options to replace the final exam and those will be made available later in the course.

**How will my final percentage be computed?** The average of your quizzes is weighted at 80%. Attendance is weighted at 10%. Final exam is weighted at 10%. Here is how the computations are done. I will compute a mean for your quiz scores by adding up all your quiz scores and dividing by the number of quizzes. I will compute a mean for attendance by adding up all the days you attended and dividing by the total number of class days.

Example: A student has a quiz mean = 85, attendance mean = 90, and scores a 65 on the final exam.

$$\begin{aligned} \text{Final percentage} &= \text{Quiz mean} * (\text{weight}) + \text{attendance mean} * (\text{weight}) + \text{final exam} * (\text{weight}) \\ &= 85 * (.80) + 90 * (.1) + 65 * (.1) \\ &= 68 + 9.0 + 6.5 \\ &= 83.5\% = A \end{aligned}$$

**Grades:** At the end of the semester, letter grades will be assigned as follows:

- A = 90% or higher
- B = 80-89%
- C = 70-79%
- D = 60-69%
- F = 59%

**Instructional Contact Hours & Out-of-Class Student Work:** For this 3 credit hour course, you should plan to spend at least 4.5 hours on course content or seat time (direct instruction), and up to 9 hours on out-of-class student work weekly. Standard out-of-class time commitment is 2 hours of out-of-class work for every 1 hour of direct instruction per week

per Higher Learning Commission <http://policy.hlcommission.org/Federal-Regulation/assignment-of-credits-program-length-and-tuition.html>

Some students may excel with less than 9 out-of-class hours per week.

**Instructor Expectations:** Students will be expected to:

- Mute mobile phones and pagers before entering classroom
- Be in class and be on time
- Be prepared for class sessions
- Participate in class activities
- Follow instructions and complete assignments
- Keep up with and turn in assignments by due dates
- Put forth their best efforts
- Exchange phone numbers with two classmates in order to keep current
- Ask questions when they don't understand
- Maintain knowledge of their grade status
- Contact instructor right away about concerns or situations that may interfere with their success in class

Instructors are expected to be professional, courteous, respectful and empathic to students. They will:

- Begin and end class on time
- Be prepared for each class session
- Provide academic feedback and grade assignments in a timely manner
- Be available for individual consultation
- Clarify assignments and inform students of any adjustments to the class schedule

### **Student Rights & Responsibilities**

You are expected to know and comply with all current published policies, rules and regulations as printed in the college [Academic Catalog](#), [Syllabus](#), and/or [Student Handbook](#).

Academic Catalog: <http://www.gccaz.edu/gcc-catalog>

Student Handbook: <http://www.gccaz.edu/student-life/office-student-life/student-handbook>

The information in this syllabus is subject to change based on the discretion of the instructor. You will be notified by the instructor of any changes in course requirements or policies.

### **Information for Students with Disabilities**

If you have a documented disability, including a learning disability, and would like to discuss possible accommodations, please contact the GCC Disability Resources and Services office at 623.845.3080 or email [drsfrontdesk@gccaz.edu](mailto:drsfrontdesk@gccaz.edu).

### **MCCCD Official Course Competencies**

1. Describe the historical roots of psychology.
  2. Describe the research methods used by psychologists.
  3. Describe the relationship between body and behavior and the mechanisms of sensation and perception and states of consciousness.
  4. Define the terms and describe the concepts and processes of learning and conditioning, thinking and memory, and motivation and emotion.
  5. Describe the basic theories of human development and personality.
  6. Define the terms and describe the issues in the area of intelligence and intelligence testing.
  7. Describe stress and its effects on behavior.
  8. Describe health psychology and factors to control stress.
  9. Identify the major categories of abnormal behavior.
  10. Describe the major therapeutic approaches used for the treatment of abnormal behavior.
  11. Describe the factors that influence group behavior and interpersonal relationships.
  12. Describe how psychology is applied in real world situations.
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**PSY 101 10:00 AM & 11:30 AM Spring 2020 GCC Psychology Course Schedule**

This schedule and syllabus could be modified by the instructor at any time.

<b>Tuesday</b>	<b>Thursday</b>
January 14 Introduction	January 16 Read material for Chapter 1 (text + any handouts) (see website & study guide) Lecture: Chapter 1
January 21 Read material for Chapter 2 (text + any handouts) (review study guide) Lecture: Finish Chapter 1, start Chapter 2	January 23 Due: Practice Quiz Chapter 1-2 combined Lecture: Finish Chapter 2 <b>Real Quiz Chapter 1-2 (combined)</b>
January 28 Chapter 3 Biological Psychology Read required material (See website/study guide) Review study guide Lecture: Chapter 3	January 30 Chapter 3 Continued Review study guide Lecture: Finish Chapter 3 Due: Practice Quiz Chapter 3 <b>Real Quiz Chapter 3.</b>
February 4 Chapter 7: Thinking, IQ, & Genes Read material for Chapter 7 (see website & study guide) Lecture Chapter 7	February 6 Lecture: Finish Chapter 7 Due: Practice Quiz Chapter 7 <b>Real Quiz Chapter 7.</b>
February 11 Chapter 4 Consciousness (Sleep/Alcohol) Read required material (See website/study guide) Lecture: Chapter 4	February 13 Lecture: Finish Chapter 4 Due: Practice Quiz Chapter 4 <b>Real Quiz Chapter 4.</b>
February 18 Chapter 5: Sensation & Perception Read required material Lecture: Chapter 5	February 20 Lecture: Finish Chapter 5 Due: Practice Quiz Chapter 5 <b>Real Quiz Chapter 5</b>
February 25 Chapter 6 Learning/Behavioral Perspective Read Required Material Lecture: Chapter 6	February 27 Lecture: Finish Chapter 6 Due: Practice Quiz Chapter 6 <b>Real Quiz Chapter 6.</b>
March 3 Chapter 8: Memory Read required material Lecture: Chapter 8	March 5 Lecture: Finish Chapter 8 Due: Practice Quiz Chapter 8 <b>Real Quiz Chapter 8.</b>

<b>Tuesday</b>	<b>Thursday</b>
<p>March 10 Spring Break</p>	<p>March 12 Spring Break</p>
<p>March 17 Chapter 11 Personality Read required material (See website/study guide) Lecture: Chapter 11</p>	<p>March 19 Lecture: Finish Chapter 11 Due: Practice Quiz Chapter 11 <b>Real Quiz Chapter 11</b></p>
<p>March 24 Chapter 12 Social Read required material (See website/study guide) Lecture: Chapter 12</p>	<p>March 26 Lecture: Finish Chapter 12 Due: Practice Quiz Chapter 12 <b>Real Quiz Chapter 12</b></p>
<p>March 31 Chapter 14 Stress Read required material (See website/study guide) Lecture Chapter 14</p>	<p>April 2 Lecture: Finish Chapter 14 Due: Take Home Quizzes <b>Real Quiz Chapter 14</b></p>
<p>April 7 Chapter 15-16 Psychological Disorders Read required material (See website/study guide) Lecture: Chapter 15-16</p>	<p>April 9 Lecture: Finish Chapter 15-16 Due: Practice Quiz Chapter 15-16 <b>Real Quiz Chapter 15-16</b></p>
<p>April 14 Chapter 10 Motivation/Evolutionary Psychology Read Required Material Lecture: Chapter 10</p>	<p>April 16 Lecture: Finish Chapter 10 Due: Practice Quiz Chapter 10 <b>Real Quiz Chapter 10</b></p>
<p>April 21 Chapter Sex Part 1 See Study Guide for Part 1 readings</p>	<p>April 23 Chapter Sex Part 1 (continued) See Study Guide for Part 1 readings</p>
<p>April 28 Chapter Sex Part 2 See Study Guide for Part 2 readings</p>	<p>April 30 Chapter Sex Part 2 (continued) Practice Test Parts 1 &amp; 2 combined <b>Real Quiz: Parts 1 &amp; 2 (quiz worth double)</b></p>
<p>May 5 <b>11:30 Class Only: Final Exam 11:30</b></p>	<p>May 7 <b>10:00 Class Only: Final Exam 10:00</b></p>





Real Name (print): \_\_\_\_\_

Code Name (**optional** but nice) \_\_\_\_\_

If you wish to present an email address that you use more frequently than the school email, you may do so here.

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**Optional** E-mail address (printed neatly)

THIS FORM MUST BE RETURNED TO THE INSTRUCTOR TO ASSURE YOUR  
ENROLLMENT IN THE COURSE!